



#### Long-term Prognosis in Galactosaemia: Results of a Survey of 350 Cases

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Summary: An international survey of the long term results of treating galactosaemia has shown poor results. These do not seem to be related to any of the relevant variables studied, for example delayed diagnosis or poor dietary compliance.

	Proband $(n = 28)$ Result $(n)$	Sibling $(n = 31)$ Result $(n)$	р
Age			
Mean (range)	14 y (3-33 y)	10 y (0-31 y)	0.1
Neonatal history			
Symptomatic	100%	3%	0.000
Age diet begun			
Mean (range)	63 d (7-400 d)	1 d (1–2 d)	
Milk restriction during pregnancy	0% (22)	76% (25)	0.000
$DQ/IQ$ (Mean $\pm$ SD)			
IQ 3-5 y	87 ± 8 (9)	96 ± 20 (13)	0.2
IQ 6-9 y	83 ± 23 (11)	93 ± 21 (12)	0.3
IQ 10-16 y	69 ± 19 (9)	84 ± 15 (9)	0.1
Speech			
Abnormal	64% (25)	62% (26)	0.9
Ovarian function ( $F \ge 14y$ )			
Abnormal	75% (8)	71% (7)	0.7

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J Inherit Metab Dis. 2012 Mar;35(2):279-86. Epub 2011 Jul 21.

SO, AS YOU CAN SEE, EXCEPT FOR POI IN FEMALES WITH CLASSIC GALACTOSEMIA, ALMOST ALL OF THE OTHER CHRONIC COMPLICATIONS ARE VARIABLE IN THEIR EXPRESIVITY

# DOES THE GALT GENOTYPE PROVIDE AN EXPLANATION?

• NO

## Common GALT Mutations

- N314D
- Q188R
- S135L
- K285N
- L195P
- 5.2 kb deletion
- More than 230 GALT gene mutations have been detected

### Postulated Mechanisms of Disease Pathogenesis in Galactosemia

- Phosphate trapping due to galactose-1-phosphate excess
- Galactose-1-phosphate inhibition of enzymes/transporters
- Galactitol ( cytotoxic edema, NADPH deficiency )
- Galactonate toxicity
- Unidentified galactose metabolite
- Myo-inositol deficiency
- Reduced concentration of the GALT-product, UDP-galactose
- Reduced synthesis of galactose-containing glycoproteins, galactocerebrosides and glycosaminoglycans due to ER and/or Golgi lesions
- Moonlighting function of GALT protein
- Effect of GALT gene mutation on IL-11Rα gene





Clinical Research: An Evidence-Based Medicine Approach Is Mandatory

## Establish an International Consortium for Galactosemia

- International Database
- · Repository
- · Patient care
- · Education
- · Multicenter Research Studies

# **Research Targets**

- Determine the developmental / time dependent tolerance of patients to dietary lactose (or galactose).
- Determine the developmental / time dependent rates of de novo galactose synthesis in patients using stable isotopically labeled sugars, mass spectrometry and in vivo kinetic analyses.
- Determine the developmental / time dependent relationship between galactose-containing glycoconjugate formation and de novo galactose synthesis in patients with and without dietary lactose intake.

### International Consortium for Galactosemia Patient Care

Education Research

Initiate Multicenter Clinical Study of Dietary Galactose Tolerance in adolescents and adults, and assess the effect of Exogenous Galactose Exposure on Glycoconjugate formation and Endogenous galactose synthesis

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